



THE FORCE PLATE

With its incredibly intuitive software, the Force Plate allows quick and easy assessment of stability, strength and movement, and it's all analysed with a single click.

Force Plates also enable unparalleled insights into neuromuscular performance, asymmetries and movement strategies.

WHAT IS IT?

Jump, land, squat, push, pull and more.

Accurate, evidence based measurement of calf and lower back strength and endurance, as well as upper and lower limb power and symmetry.

Track trends in athlete health and performance with longitudinal reporting. Visualise multiple tests for individual athletes or your whole squad, leveraging insights from the historical data to make more informed decisions for the future.



HOW IT WORKS

The ForceDecks app allows you to rapidly collect test results wirelessly from an entire squad with ease.

ForceDecks Jump software is designed to automatically detect movements and display results relative to past tests so you can immediately see how an athlete has performed compared to their historical results.





THE BENEFITS

THE
PERFORMANCE
CLINIC



Measure accelerations, reactions and athlete imbalances



Supports the rehabilitation process



Match personnel to the physical demands of a role



Provides training insights for coaches